

Annette Roselli

DANCE ACADEMY

ELITE TRAINING PROGRAMS FULL TIME AND PART TIME PROGRAM



The Annette Roselli Dance Academy's *Elite Training Program* along with the *Junior Excellence Program* have been developed with the aim to nurture, support and train talented and promising young dancers in classical ballet.

The intake for the program is limited to ensure students are fully supported and receive individual attention. The professional tuition is provided in a supportive and encouraging environment offering positive reinforcement and promoting confidence in each student.

Students are:

- Encouraged to work hard, set individual goals and maintain a high standard of dedication to dance.
- Mentored and guided to support their goals.

Students will then be accepted and placed into the full time program based on competency, ability and previous full time experience.

Level 1

The vocational training for this level focuses on establishing a strong foundation of ballet technique, musicality and expression. In addition, body conditioning and strengthening coupled with technique development are fundamental to the level 1 program.

Level 2 and 3

The vocational training for this level focuses on building on the foundations of classical ballet technique, deepening the students understanding of musicality, performance and artistic expression. There is also a strong focus on body conditioning and strengthening. Students are able to attend the program on a part-time basis if places permit.

The weekly program includes:

- **Classical Ballet**
- **Pointe Work**
- **Body Conditioning and Strengthening**
- **Pilates**
- **Contemporary**
- **Group and Solo Repertoire**
- **Solo Eisteddfod and Competition Coaching**
- **Performances**
- **Character**
- **Pas de deux**
- **Progressing Ballet Technique**
- **Jazz**

**Annette Roselli
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**For further details about the program please email:
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